

SMS Terms and Conditions

Last updated: September 18, 2026

These SMS Terms and Conditions govern text messages (SMS and MMS) sent by E&C Esthetic Med Spa ("we," "us," or "our"). By choosing one or both types of SMS messages, you agree to these terms for the type or types you selected.

Program description

We may offer two separate, optional types of SMS messages:

- **Service notices:** appointment confirmations, appointment changes and reminders, payment or service-status updates, and other information related to a service you requested.
- **Marketing messages:** occasional offers, promotions, and news.

Selecting one type does not select the other. Customer-care replies may also be sent when you text us first, and some replies may be sent by an automated assistant. Team members of E&C Esthetic Med Spa who separately turn on SMS alerts may also receive operational alerts. Consent to receive SMS messages is not a condition of purchase.

Message frequency and charges

Message frequency varies based on your appointments, requests, and the choices you make. Message and data rates may apply according to your mobile plan. Your mobile carrier is not responsible for delayed or undelivered messages.

How to opt out or get help

Reply **STOP** at any time to stop SMS messages from us. We will send a confirmation and will not send further SMS messages unless you opt back in. Replying **START** or **ALTA** restores only the types of messages you had previously chosen; it does not create a new marketing choice.

Reply **HELP** for help, or call E&C Esthetic Med Spa at **+1 346-724-9151**.

Consent and records

When we ask for recurring SMS permission, service notices and marketing are presented as separate choices. A choice must be affirmative; silence, a prechecked box, an unrelated "yes," or an ordinary conversation does not grant marketing permission. We may retain records of the disclosure shown, the type or types you selected, your response, and the date and time of that choice.

Privacy

Our [Privacy Notice](https://ecestheticmedspa.com/privacy) (<https://ecestheticmedspa.com/privacy>) explains how we handle personal information. We do not share, sell, or provide mobile telephone numbers, SMS opt-in data, or SMS consent to third parties or affiliates for marketing or promotional purposes.

Changes

We may update these terms from time to time. The current version will be posted on this page with its updated date. No change limits your right to opt out at any time.

Contact

For questions about this SMS program, call E&C Esthetic Med Spa at **+1 346-724-9151**.